Cheltenham Youth Club

Participate, play and find your potential

CYC gymsports

CODES OF CONDUCT

FOR PARENTS / GUARDIANS / SPECTATORS

As a parent of Guardian of a registered member of Cheltenham Youth Club, I agree to abide by the following Code of Conduct and Behaviour Policy.

- Remember that children participate in sport primarily for their enjoyment, not mine.
- To encourage not force my child to participate
- To focus on the children's and team's effort and performance rather than winning or losing
- To encourage the children to always play according to the rules and settle disagreements without resorting to hostility or violence
- Never ridicule or yell at a child for making a mistake or losing a competition
- Remember that children learn best from example. Appreciate good performances and skilful performances by all participants. Show respect for your team's opponents, without them there would be no competition.
- Support all efforts to remove verbal and physical abuse from all sporting activities and do not harass or talk negatively about gymnasts, coaches or officials.
- Respect officials decisions and teach children to do likewise
- Show appreciation for volunteer coaches, officials and administrators. Without them my child could not participate
- No coaching from the audience and for parents of gymnasts do not gesture or make eye contact during a competition. Your child could risk disqualification from the event.
- To respect the rights, dignity and worth of all spectators and participants regardless of the gender, sexual preference, ability, cultural background or religion.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.

CODES OF CONDUCT cont…

FOR ATHLETES/PARTICIPANTS

As an athlete of Cheltenham Youth Club, I agree to abide by the following Code of Conduct and Behaviour Policy.

- To remember that I am here to have fun and learn something and so is everybody else.
- That it is my responsibility to tell my coach if I am injured or tired
- To speak with other athletes, coaches and parents respectfully at all times, even if I disagree with them.
- To allow other athletes the space they need to try new skills at their own pace
- To remember to always play according to the rules and to settle disagreements without resorting to hostility or violence
- To remember that we all learn things in a different way and at a different rate
- To never tease or make another athlete feel their efforts are not their best
- To show respect for your team's opponents, without them there would be no competition
- Respect your coaches and other official's decisions and understand that you may not always be aware of the reasons behind these decisions
- To remember not to acknowledge my parents or friends whilst doing a competition, as this could lead to my disqualification
- To respect the rights, dignity and worth of all spectators and participants regardless of the gender, sexual preference, ability, cultural background or religion.

CODES OF CONDUCT cont…

FOR COACHES

As a Coach or Coach-In-Training of Cheltenham Youth Club, I agree to abide by the following Code of Conduct and Behaviour and Language Policy.

- To remember that I am here to support and teach the whole child and not only focus on their physical abilities
- To remember to adhere to the Australian Gymnastics Code of Ethics in all my interactions with athletes and parents
- To speak to other athletes, coaches and parents respectfully at all times, even if I disagree with them
- To ensure that my coaching techniques put athletes welfare first, and nurtures their physical, psychological, emotional and developmental growth
- To remember that we all learn things in a different way and at a different rate and that no athlete comes to class wanting to fail in their goals
- To never tease or make another athlete feel ashamed about their skills
- To show respect to team's opponents, without them their would be no competition
- Respect officials decisions and understand that you may not always be aware of the reasons behind decisions
- To challenge decisions through appropriate channels
- To show respect to other coaches, athletes and parents at all times
- To inform the committee in writing of any concerns that you have in relation to any other coaches behaviour or attitudes
- To encourage and support all efforts
- To respect the rights, dignity and worth of all spectators and participants regardless of the gender, sexual preference, ability, cultural background or religion.
- To ensure a professional relationship with all athletes

CODES OF CONDUCT cont…

FOR COACHES

- To understand and treat carefully the impact of my professional relationship with athletes
- To not engage in social activities with individual athletes outside of Cheltenham Youth Club if they are currently being coached by you
- To not provide food/medicine/vitamin intake for any athlete without the written/verbal consent of their parents. (this is for all athletes irrespective of age in acknowledgment of the influence of the coaches role)
- To not engage in the regular use of text messages to athletes, unless specifically related to a change of venue or time regarding training
- To ensure that all issues that arise with athletes are dealt with during training times
- At no stage should any coach be involved in coaching an individual athlete in the gym without another adult present
- To inform parents of any athletes if you have concerns regarding their emotional, physical or psychological well being
- To understand that athletes learn best by example and as a coach of Cheltenham Youth Club I am a role model for younger athletes
- To appreciate that my behaviour will help set the culture within Cheltenham Youth Club and I am responsible for contributing to this
- To always maintain appropriate sports clothing for training and competitions
- To not engage in mobile phone calls whilst coaching, unless it directly relates to an athlete on the floor and requires immediate attention, or it is an emergency situation.
- To arrive 10 minutes before each class and not leave until athletes have been picked up or other arrangements have been made to ensure the safety of the athletes.

CODES OF CONDUCT cont…

FOR ADMINISTRATORS

- Involve young people in planning, leadership, evaluation and decision making related to the activity.
- Give all young people equal opportunities to participate.
- Create pathways for young people to participate in sport not just as a player but as a coach, referee, administrator etc.
- Remember that young people participate for their enjoyment and benefit. Do not overemphasise awards.
- Give a code of behaviour sheet to spectators, officials, parents, coaches, and players, and encourage them to follow it.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Make it clear that abusing young people in any way is unacceptable and will result in disciplinary action.
- To respect the rights, dignity and worth of all spectators and participants regardless of the gender, sexual preference, ability, cultural background or religion.

CODES OF CONDUCT cont…

FOR JUDGES

- Modify rules and regulations to match the skill levels and needs of young people.
- Compliment and encourage all participants
- Be consistent, objective and courteous when making decisions
- Condemn unsporting behaviour and promote respect for all opponents
- Emphasise the spirit of the game rather than the errors
- Encourage and promote rule changes that will make participation more enjoyable
- Be a good sport yourself. Actions speak louder than words
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people
- Remember, you set an example. Your behaviour and comments should be positive and supportive
- Place the safety and welfare of the participants above all else
- Give all young people a ‘fair go’ regardless of their gender, sexual preference, ability, cultural background or religion